

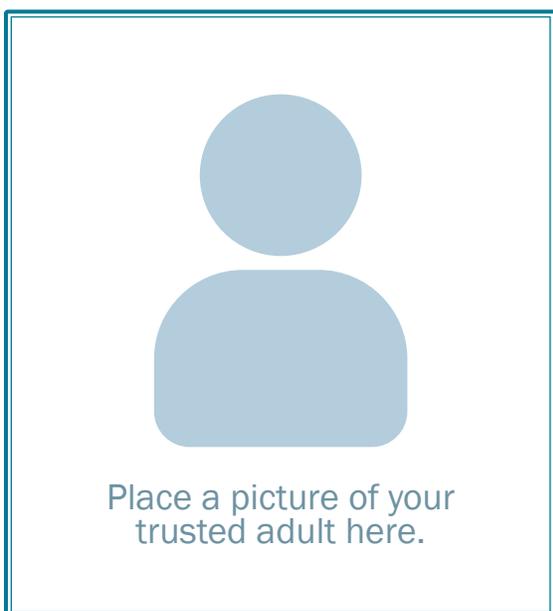


Sometimes I use the computer to go on the Internet.

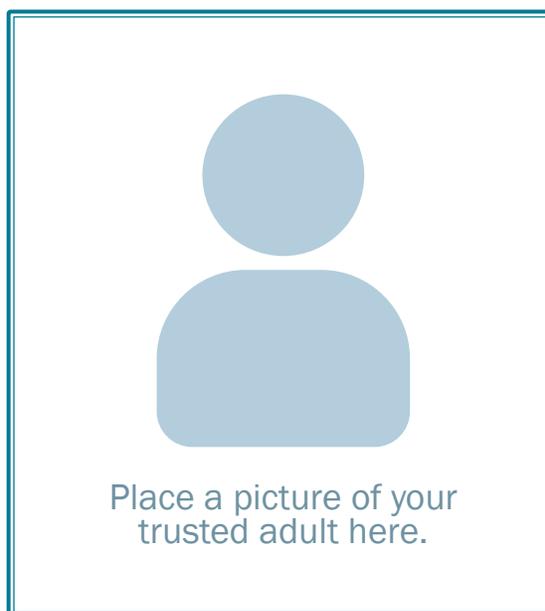
Sometimes I see things on the Internet that make me feel sad, scared, or confused.

When I feel sad, scared, or confused, I should tell a trusted adult.

## These are my trusted adults:



Place a picture of your trusted adult here.



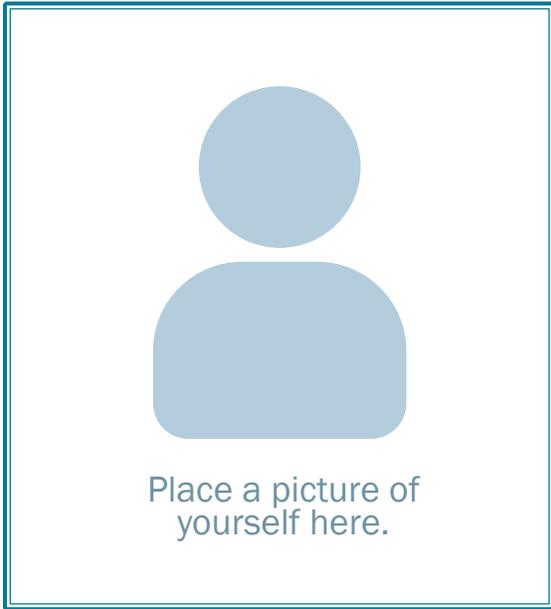
Place a picture of your trusted adult here.

My trusted adult can help me feel better.



**I will tell my trusted adult if anything makes me feel sad, scared, or confused.**

# SHARING PERSONAL INFORMATION

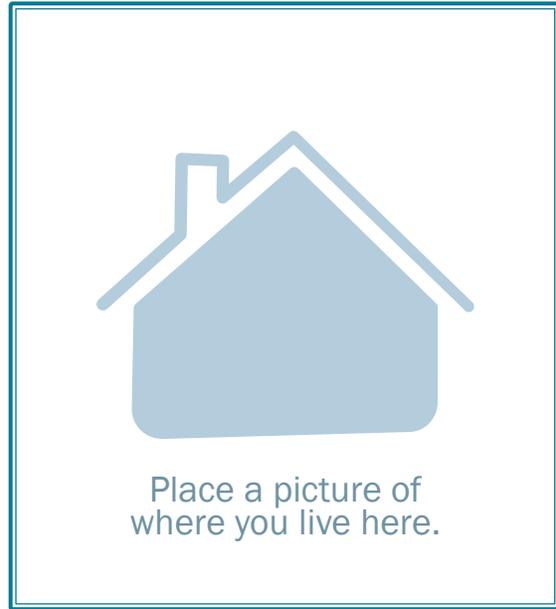


**This is a picture of me.**

**My name is**

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**This is a picture of where I live.**

**My address is**

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**My phone number is**

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My name, address, and phone number are information about me.

Not everyone should know this information. This information is personal.

Sometimes people ask me for this information while I am using the Internet.



**I will ask my trusted adult before sharing information like my name, address, and phone number.**



# MEETING PEOPLE FROM THE INTERNET



Sometimes I talk to people on the computer. These are my Internet friends.

I see some Internet friends when I am not on the computer.

Here is a list of the Internet friends that I talk to even when I am not on the computer.

Friend's Name	Where I see them
<i>Ex. Mom</i>	<i>At home, in the car, etc.</i>
1.	
2.	
3.	

I have other Internet friends that I have never seen face-to-face. I only talk to them on the computer.

Here is a list of Internet friends that I only talk to on the computer.

Friend's Name	The website where I talk to them
<i>Ex. Tiger27</i>	<i>Club Penguin®</i>
1.	
2.	
3.	

Some of my Internet friends are nice.

They may ask me to meet with them face-to-face.

If an Internet friend asks to meet me, I should tell my mom, dad, or other trusted adult.

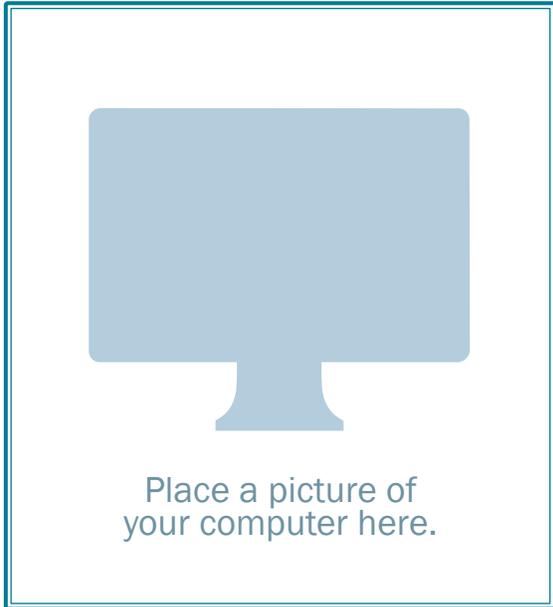


**I will not meet face-to-face  
with anyone from the Internet.**



# How I Act on the Internet

Sometimes I use this computer to go on the Internet.



Sometimes when I am on the Internet, I type messages to my friends.

Sometimes my friends type messages to me.

Sometimes I get angry at my friends' messages.

I want to type a mean or rude message to them.

If I type a mean or rude message to a friend, I could hurt their feelings.

I do not like it when people hurt my feelings.

I will try not to hurt my friends' feelings.



**I will not be mean or rude online.**

I want to go outside.

Should I do anything before I go outside?

YES. I should do two things.

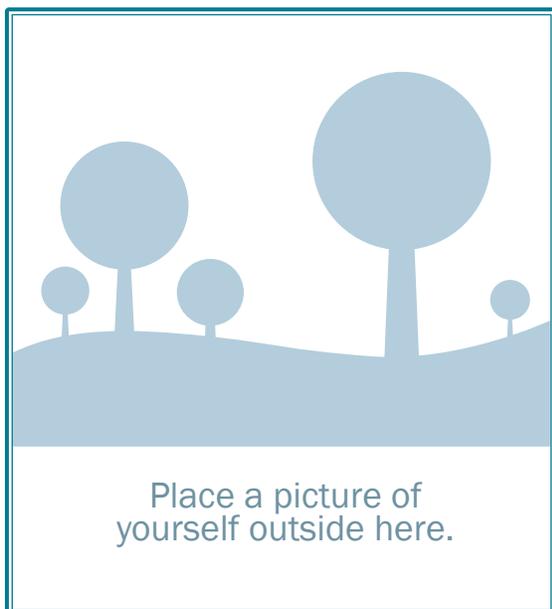
First, I should STOP.

Second, I should TELL my mom, dad, teacher, or trusted adult that I want to go outside.

If my trusted adult says NO, I should not go outside. I may be mad, but I should not go outside.

If my trusted adult says YES, then I can go outside. This makes me happy!

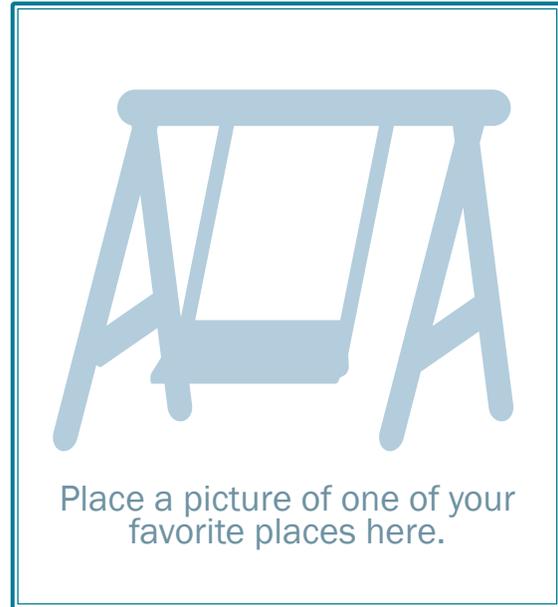
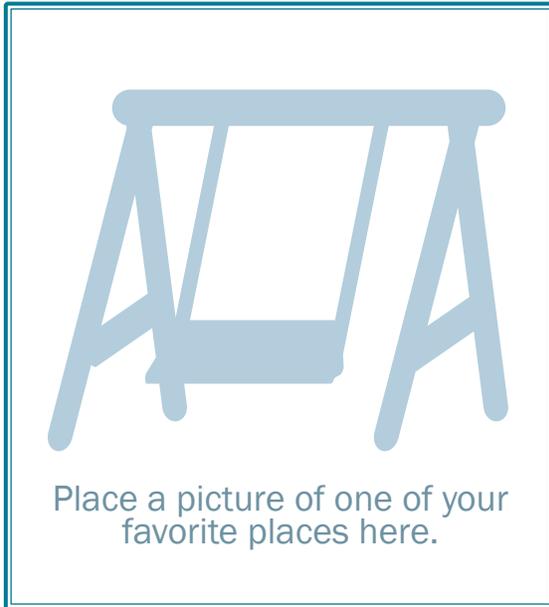
**Here is a picture of me outside.**



**Before I go outside,  
I will first stop, then  
tell my mom, dad,  
teacher, or other  
trusted adult.**

I like to go places.

**Some of my favorite places are:**



Sometimes I am very excited to go to these places.

I want to go there right away.

My trusted adults think that it is dangerous for me to go places by myself.

My trusted adults want me to ask them before I go places.



**I will not go anywhere by myself. I will first take a trusted adult, and then I can go.**

Sometimes I go to the store or playground.

I may see people there that I do not know.

Some of these people look nice. They may offer me a gift, like candy or money.

I may want to take the gift, but I do not know these people.

I should not accept their gifts.



Some of these people may ask me to get in their cars.

I may want to take a ride, but I do not know these people.

I should not get in their cars.



If someone that I do not know asks me to go with them, I will tell my trusted adult.



**I will not go anywhere with someone I do not know.**

A secret is something that I do not tell anyone.

Secrets can be funny. Secrets can be silly.

Secrets should not make me feel sad, scared, or confused.

If a secret makes me feel sad, scared, or confused, I will tell.

Draw a picture of something that makes you sad, scared, or confused below.



I do not have to keep any secrets from my trusted adults.



**I will show or tell a trusted adult if someone makes me feel sad, scared, or confused.**